

Getting Ahead in a Just-Getting-By-World is an internationally recognized 16-week program designed to help ALICE individuals build their resources for a better life.

ALICE individuals are anyone who struggles to afford basic necessities.

The **Getting Ahead** program serves participants, called “Investigators,” who currently find themselves, at best, just getting by each day. This 16-week workshop provides the time, space, and tools to allow each “Investigator” to assess and understand their own resources, to build on those resources, and acquire new ones as part of their move to greater self-sufficiency. Each workshop is led by trained facilitators. Childcare and a meal are provided. Transportation assistance can also be requested. In addition, Investigators receive a \$25 gift card for each session attended.

Getting Ahead participants create their own plan for a sustainable life, explore resources needed for sustainability, build healthy relationships with others, begin the process of writing their own future stories, and examine how they can change the legacy they leave to their families and community.

To find additional information and to register for an upcoming session, [click here](#):

[Getting Ahead | United Way of Frederick County](#)

Getting Ahead is possible because of our partners:

